

# What's On @ Howgill Family Centre

## Stay and Play

For: Babies - 3 year olds and their carers

Times: Every Tuesday 10:00am - 11:00am at Birks Road, Cleator Moor (The Studio)

This presents an opportunity for young children to socialise and for caregivers to connect with new acquaintances in a welcoming atmosphere.



## Babbling Babies

For: Babies (Non -walkers) and their carers

Times: Every Wednesday 09:30am - 10:30am at Birks Road, Cleator Moor (Craven Room)

Come along, have some fun with your child whilst supporting and boosting their communication and language development through I CAN program.



## Toddler Talk

For: Toddlers and their carers Times: Every Wednesday 11:00am - 12:00am at Birks Road, Cleator Moor (Craven Room)

Come along, have some fun with your child whilst supporting and boosting their communication and language development through I CAN program.



## Mess Monsters

For: 6 months - 3 year olds and their carers

Times: Every Thursday 10:00am - 11:00am at Birks Road, Cleator Moor (The Studio)

Come and join us for an exploration through sensory activities, messy play, and a space to discover alongside your child. Participation in this session is priced at £2.00, and advance booking is necessary.



Contact:

[stephanie.carrick@howgill-centre.co.uk](mailto:stephanie.carrick@howgill-centre.co.uk) 078 2794 4729

[charlotte.howgill@howgill-centre.co.uk](mailto:charlotte.howgill@howgill-centre.co.uk) 078 2794 4739

## Maternity Clothes Library

For: Mums to be and mums

Times: Every Monday starting after Feb half term (Term Time Only)

09:30am - 11:00am at Birks Road, Cleator Moor

Maternity made affordable and accessible: Don't let expenses hold you back. Borrow or keep essential maternity items for free from our diverse clothing library, supporting you every step of the way on your motherhood journey.



Contact: [christine.davey@howgill-centre.co.uk](mailto:christine.davey@howgill-centre.co.uk)



  
howgill  
family centre

# NHS Healthier Together

Here at Howgill, we are working closely with NHS healthier together to provide families with information on what do to when their child is unwell.

If you are seeking advice please visit:  
<https://www.nenc-healthiertogether.nhs.uk/>



**NHS**

**Little one not well?**

Go to Healthier Together for NHS trusted advice

**HERE TO HELP**



## Healthier Together

Improving the health of babies, children and young people throughout North East and North Cumbria



**SEPTEMBER SPACE AVAILABLE**

- Multiple spaces available for 2 year olds, from September at our Whitehaven setting.
- Opening times: Mon-Fri 08:00am - 16:00pm, only closed for bank holidays

Get in touch now to secure a place!  
Howgill Nursery @ Whitehaven 01946 694295



**SEPTEMBER SPACE AVAILABLE**

- Multiple spaces available for 0-4 year olds, from September at our Cleator Moor setting.
- Flexible opening times: Mon-Fri 07:00am - 18:00pm, only closed for bank holidays

Get in touch now to secure a place!  
Howgill Nursery @ Cleator Moor 01946 817 900



To Book a place please contact:

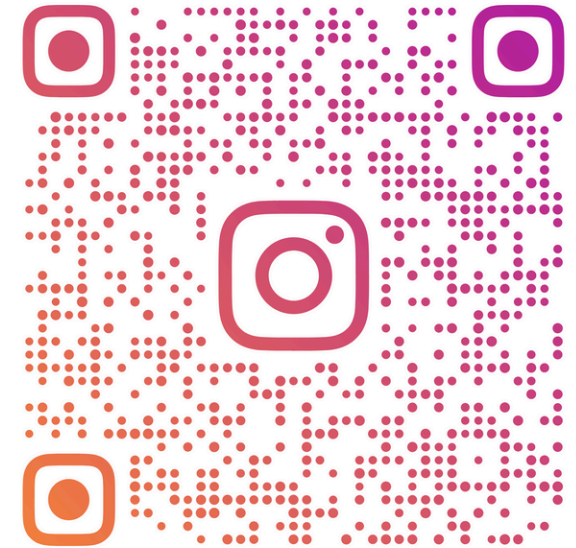
Cleator Moor Setting - 01946 817900

Whitehaven Setting - 01946 694295

Kells Setting - 01946 592551

## Our Social's

Make sure to follow us on Facebook and Instagram to see more of what we get up to here at Howgill!



**HOWGILL\_FAMILY\_CENTRE**



“Baby—  
basics”  
West Cumbria