

OUR NURSERIES

WWW.HOWGILL-CENTRE.CO.UK | INFO@HOWGILL-CENTRE.CO.UK
FB @HOWGILL FAMILY CENTRE AND NURSERIES
LINKEDIN : HOWGILL FAMILY CENTRE



HAPPY
Holidays

The collage features a green background with various tropical and summer items: a yellow ice cream cone, a yellow and blue starfish, a pink flamingo, a green bamboo stalk, a pink and white plumeria flower, a yellow and white plumeria flower, a pink heart-shaped sunglasses, and several large green monstera leaves.

What's inside this issue:

BABY BASICS
ADULT ART CLASSES
CUMBRIA SMILE4LIFE

HOWGILL FAMILY CENTRE

Welcome to our Summer Newsletter!

Over the last couple of months we have been working hard to ensure we continue to provide our community groups and services to our local communities. I am extremely proud of all of our staff and volunteers who work together to deliver our services and events and I would like to take this opportunity to thank you for their hard work and dedication to Howgill Family Centre.

I have recently attended the Bedrock Basics Project Celebration, Strengthening Cumbria's Civil Society and local community meetings on behalf of Howgill. This has enabled me to reflect on the vital work that is being delivered in our communities on a daily basis by third sector and charity organisations, as well as the support we receive from funders and local companies to enable us to deliver our work. Teamwork and collaboration are the key to strengthening our partnerships further.

We have been working behind the scenes and have a number of exciting plans to expand some of our services and projects in the coming months. We cannot wait to share our exciting developments soon; watch this space!

Thank you for your continued support,

Faye
CEO

Room Hire

WHAT'S AVAILIABLE?

Howgill's Sensory Room



Great for baby bonding

Conference Room



Great for meetings

The Craven Room



Great for hosting baby groups

For more information please contact our Operations
Support Officer: libby.martindale@howgill-centre.co.uk





Adult Art Classes

Join us with our new 5 week adult art course partnered with Whitehaven adult learning, starting 18th September 2024!



September 2024

ADULT ART & CRAFT CLASSES!

STARTING 18TH SEPTEMBER 10AM - 12PM
ADULT LEARNING COURSE @HOWGILL FAMILY CENTRE, BIRKS ROAD,
CLEATOR MOOR

WEEK 1 (18/09/24) - DECORATING COASTERS USING ACRYLIC PAINTS
WEEK 2 (25/09/24) - CARD MAKING
WEEK 3 (02/10/24) - INTRODUCTION TO WET FELTING
WEEK 4 (09/10/24) - PEN AND WATERCOLOUR WASH TECHNIQUES
WEEK 5 (16/10/24) - EXPLORING ACRYLIC PAINTING

EMAIL INFO@HOWGILL-CENTRE.CO.UK TO BOOK YOUR PLACE

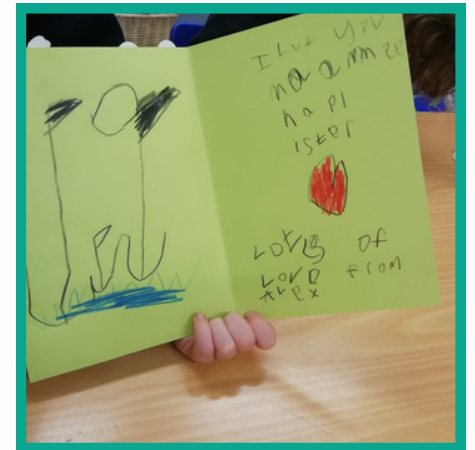
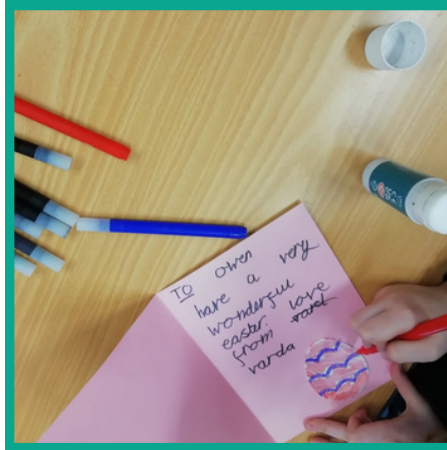
Email our operations support officer Libby to book your space!

libby.martindale@howgill-centre.co.uk



HAF

During the Easter term, each HAF child made their own Easter decorations to take home as well as making their very own Easter cards! Each child enjoyed the different Easter activities and enjoyed creating their own cards.



The children made their own Easter ducks, cards, wreaths and they loved playing different games!



“Baby— basics” West Cumbria

'So far this year we have provided 60 referrals of baby equipment, toiletries or clothing for families in the Cumberland area, with more referrals still waiting to be prepared before our summer break at the end of July. March was our busiest month so far this year, with 15 referrals prepared during that period.

Volunteers

It was 'Volunteers Week' in the first week of June and we are very grateful for our hardworking team of volunteers who include Ann, Alison, Brenda, Judy and Lisa, without whom very little of our work could happen! We will be having a Volunteers Thank You Tea Party at the end of July to thank them for their support & dedication.

West Cumberland Hospital Maternity Toiletry Bag Appeal

In June we were able to present the Maternity Department of West Cumberland Hospital with 20 toiletry bags that our project had prepared from generous donations from the public. The appeal was the results of discussions with maternity staff that we work with regularly whilst preparing our usual referrals for the community. We were happy to coordinate this appeal which supported women who might be attending the unit unplanned or who were in need of some support.

St Mary's RC Primary School Donation

This term we had the wonderful pleasure of attending a special Celebration Assembly at St Mary's RC Primary School in Harrington and meeting a very kind pupil called Molly again. She presented our project with a very generous donation of £143 which she had raised entirely on her own through making more bracelets, just like she had earlier this year! We have never received this kind of support from one school, never mind the same individual, and so were very grateful. We were able to purchase baby wipes, baby lotion, cellular blankets, toothpaste and toothbrushes for local children, baby socks, nappy cream, baby brush & comb sets and Milton sterilising tablets.

More space

We are very grateful for the extra space that we have been given at Birks Road. Thank you! It is enabling us to keep all our resources in one place and store a larger number of large items such as pushchairs and cots, which helps us to react more quickly to requests for help.

Summer Closure

Our project will be closed over the summer school holidays so that the volunteers can have a break. Our dates are...

Last date for referrals: Thursday 11th July

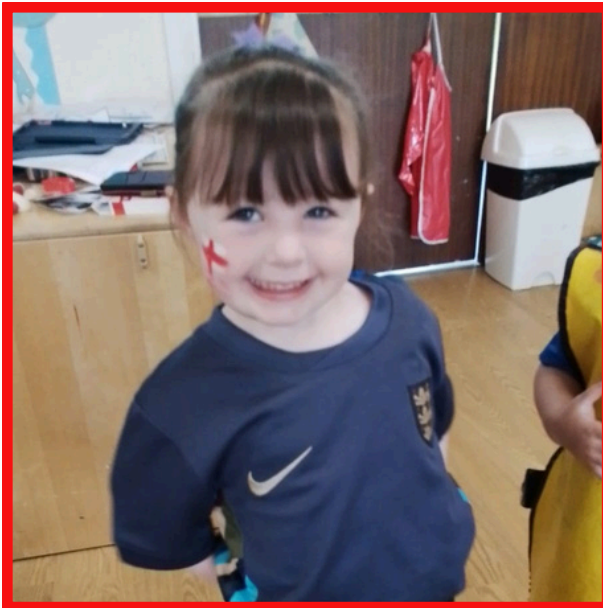
Last date for collections & donations: Thursday 18th July

Open for referrals, collections & donations: Thursday 5th September '



Football Fun!

The children have enjoyed getting into the spirit of football, designing their own kits, making flags to decorate nursery and tasty boot shaped shortbread biscuits.



Forest School



For the past few weeks the children here at Howgill have really enjoyed embarking on new adventures with forest school, the children have devolved their thinking and creativity skills.



Cumbria Smile4Life



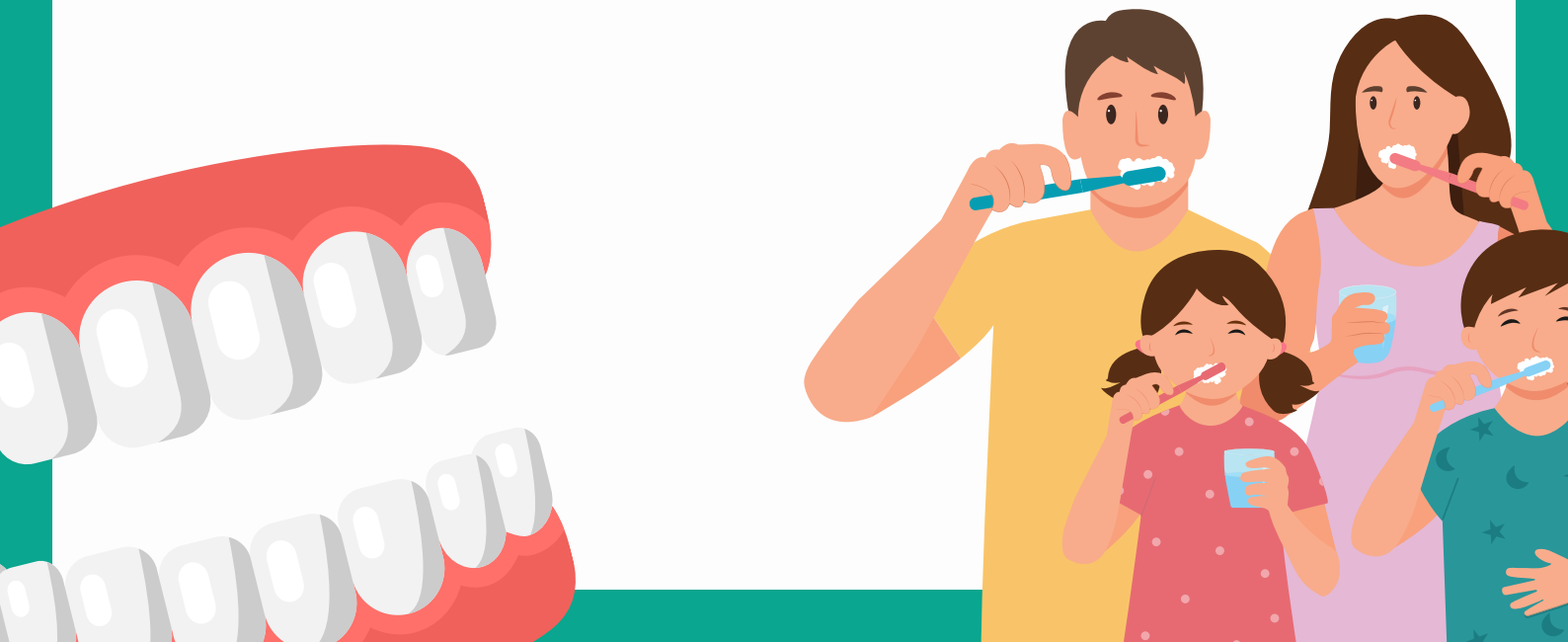
This June Smile4Life visited Howgill Family Centre to complete their Annual Review and Toothbrushing with the children.

Smile4Life's Statement

'This nursery is fantastic, they brush daily, offer only water and milk to protect their children's teeth, healthy snack times, grow veggies, cook and encourage the children to chop and taste.

They have numerous displays throughout the setting and share information on social media not just for their families but the community too.

Welldone team Howgill of course you get the GOLD Award again.'



NHS Healthier Together



THE LITTLE ORANGE BOOK

Expert advice on helping babies and young children when they're poorly

The Little Orange Book was first published in 2016 to give practical information about common childhood conditions, after research showed that clearer information could help reduce unnecessary attendances at A&E.

https://www.nenc-healthiertogether.nhs.uk/application/files/3417/1802/3268/LOB_Booklet_24_v1.5.pdf



Healthier Together

Improving the health of babies, children and young people throughout North East and North Cumbria



Child Health and Wellbeing Network
North East and North Cumbria



Royal College of Paediatrics and Child Health

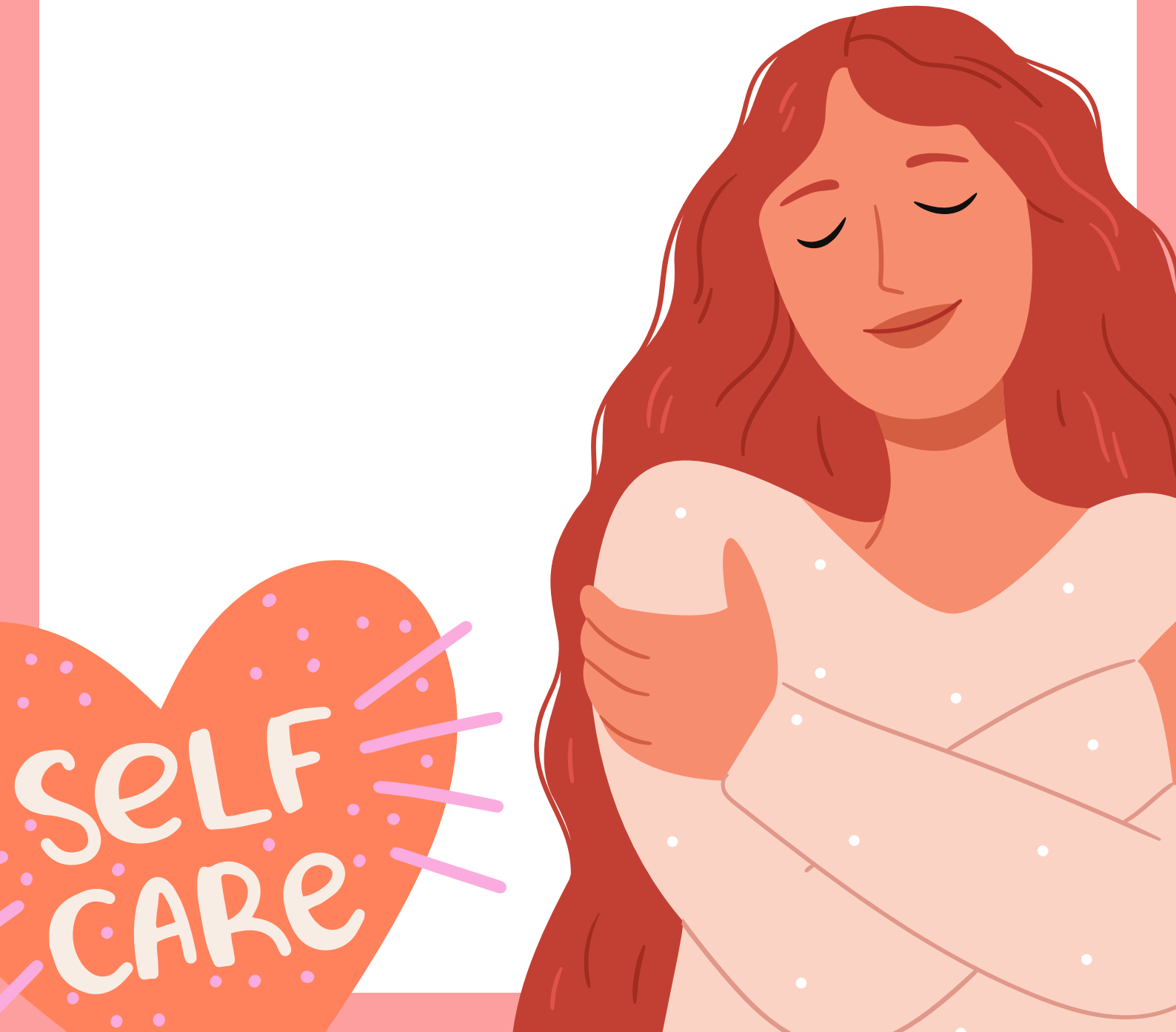
Leading the way in Children's Health

Good Enough Start

I matter

When you thrive, it not only enriches your relationship with your little one, but every relationship in your life. As a mother you're doing some of the most important work on the planet so your family needs your 'emotional tank' to be full to nurture them.

Spend some time every day to stop and do something that gives you pleasure and fills your emotional tank. What will you choose? A bath, a quiet space, a walk, a coffee, listen to music...



Early Years Project

Here at Howgill our Babbling Babies & Toddler Talk groups focus on the development of communication through fun activities such as, singing nursery rhymes, reading stories and seasonal card making .



Our Messy Monsters group is also a huge hit with our little ones, this sensory fun filled group is great for your child's development P.S remember to bring a change of clothes!



Early Years Project



Babbling Babies Group
2 WEEK SPECIAL!

Stories, rhymes and activities

Monday 29th July &
Monday 5th August
10am to 11am
Family Hub
The Old Bank, Swingpump Lane
Whitehaven, CA28 7LZ

From Birth to Active Walking

No need to book, Just pop along and join us!
Refreshments provided for carers and children.



Babbling Babies Group
TASTER SESSION!

Stories, rhymes and activities

Thursday 10th August
10am to 11am
St Peters Community Centre
27 Lakeland Avenue,
Whitehaven, CA289QA

From Birth to Active Walking

No need to book, Just pop along and join us!
Refreshments provided for carers and children.



Early Years Project

Why not come along for a morning full of fun with your little ones! Nothing to do in the summer holidays? Howgill's family fun session includes lots of fun activities including face paints, games and lots more!

Howgill
family centre

FAMILY FUN DAY!

Arts & Crafts, Face Painting, Games & Activities!
(5th August session also includes Babbling Babies Group
10am - 11am)

Monday 5th August &
Monday 19th August
9am - 12pm

Family Hub
The Old Bank, Swingpump Lane
Whitehaven, CA28 7LZ

From 12 months old onwards

No need to book. Just pop along and join us.
Refreshments provided for carers
and children

Family Hub.
On The Harbour

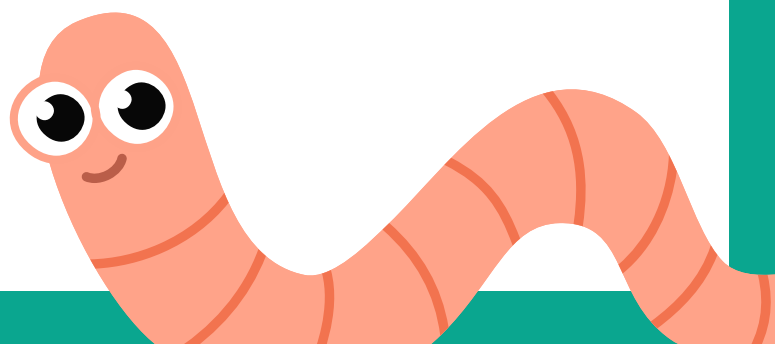
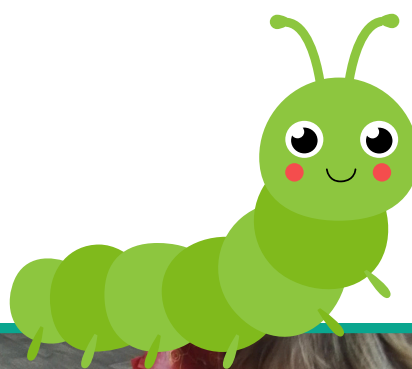


Howgill
family centre



Howgill Nursery @ Whitehaven

This month in the nursery, we have been focusing on bugs and insects and the hungry caterpillar story! We looked at healthy eating linked to the fruits in the story and try them for a scrumptious snack. We also received a lovely donation of fruit from the Morrisons community champion Natasha. The children also got to watch real caterpillars change and grow and turn into butterflies!



Howgill Nursery @ Kells

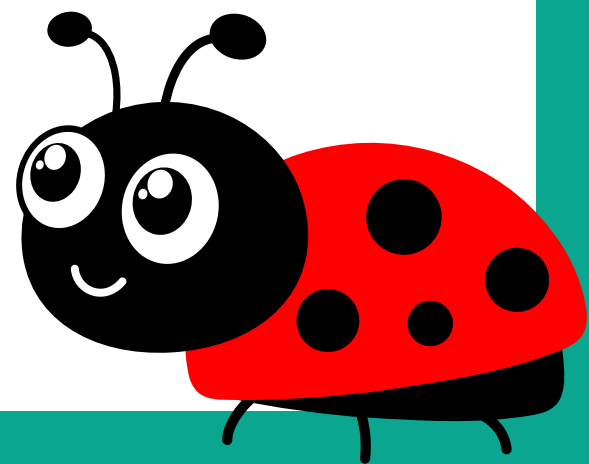
Here at Kells, the children have been looking after real life caterpillars! They have been taking care of them and watch them grow into beautiful butterflies before letting them free.



We got ready for all the leavers going to big school. They had a lovely preschool graduation and they all enjoyed celebrating their time at Howgill.



We then had a party on Friday with lots of party games, music, and so much dancing!





Howgill Nursery @ Cleator Moor

Baby Room

In Baby room we have enjoyed learning about summer. We have been enjoying exploring the texture of sand and using it to create some sandcastle pictures. They have also enjoyed playing outside and playing with our friends.



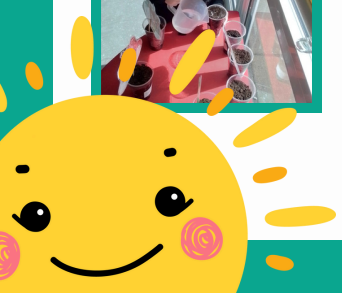
2's Room

In the 2's Room this term we have enjoyed doing lots of fun football and summer activities. The children have been making their own football tops, flags and football biscuits. They have also enjoyed using scissors to cut up pieces of paper to make their own ice creams. We have loved going for walks exploring the local area and visiting our local shop to buy England decorations for our room and face paint.



Preschool

This term Preschool have been doing some planting, the children have planted sunflower seeds and runner beans; ensuring that they water them to help them grow. They also helped plant some vegetables which they can't wait to taste once they've grown. Following the children's interest of vegetables; the children enjoyed our "veg shop" role play area, offering real vegetables for the children to explore taste and smell. We even went for a walk to the supermarket to buy some of our own veg!



What's On @ Howgill Family Centre

Stay and Play

For: Babies - 3 year olds and their carers

Times: Every Tuesday 10:00am - 11:00am at Birks Road, Cleator Moor (The Studio)

This presents an opportunity for young children to socialise and for caregivers to connect with new acquaintances in a welcoming atmosphere.



Babbling Babies

For: Babies (Non -walkers) and their carers

Times: Every Wednesday 09:30am - 10:30am at Birks Road, Cleator Moor (Craven Room)

Come along, have some fun with your child whilst supporting and boosting their communication and language development through I CAN program.



Toddler Talk

For: Toddlers and their carers Times: Every Wednesday 11:00am - 12:00am at Birks Road, Cleator Moor (Craven Room)

Come along, have some fun with your child whilst supporting and boosting their communication and language development through I CAN program.



Mess Monsters

For: 6 months - 3 year olds and their carers

Times: Every Thursday 10:00am - 11:00am at Birks Road, Cleator Moor (The Studio)

Come and join us for an exploration through sensory activities, messy play, and a space to discover alongside your child. Participation in this session is priced at £2.00, and advance booking is necessary.



Contact:

stephanie.carrick@howgill-centre.co.uk 078 2794 4729

charlotte.howgill@howgill-centre.co.uk 078 2794 4739

Maternity Clothes Library

For: Mums to be and mums

Times: Every Monday starting after Feb half term (Term Time Only)

09:30am - 11:00am at Birks Road, Cleator Moor

Maternity made affordable and accessible: Don't let expenses hold you back. Borrow or keep essential maternity items for free from our diverse clothing library, supporting you every step of the way on your motherhood journey.



Contact: christine.davey@howgill-centre.co.uk



ParentZone

The new way to pay fees at our nurseries

ParentZone

ParentZone app is where you can access snapshots of your child's 'wow' moments including pictures, videos and links to Early Years frameworks and guidance. You can upload your own observations from your time outside of nursery, which will give you a more complete view of your child's learning experiences. Staff can use the information to inform planning and next steps and strengthen bonds with the family.

ParentZone also comes with its own dedicated parent Hub; this is full of helpful resources, information and activity ideas, ParentHub helps further improve child development by encouraging a continuation of learning at home.

Enjoy the quickest way to make a payment to your childcare fees, with around the clock access. With in-app payments, you have the convenience of being able to pay fees, by card. You can also access finances through the ParentZone app so you know exactly what you owe. Your payments are then automatically reconciled against the bill.



Paying through ParentZone is quick, easy and you will see your payment on your account immediately. No need to wait for payments to be allocated to your invoices. Immediate allocation in real time!

We require payments in advance for bookings. Please contact your nursery if you have not received your activation link.

Attention Business Owners and Event Organisers!



Maximize your reach and get noticed by our engaged readership! Advertise your business or event in our newsletter, reaching a diverse audience eager to discover new opportunities.

☀ Advert Options:

Full-page spread 📄

Half-page feature 📁

Quarter-page showcase 📎

For more information contact
Libby.martindale@howgill-centre.co.uk